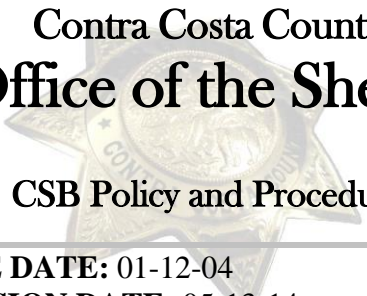


<p style="text-align: center;">  Contra Costa County Office of the Sheriff CSB Policy and Procedure </p>	DETENTION	NUMBER: 2.08.22
	RELATED ORDERS: MJS 1058 P.C. 3407 CCCSO 1.06.61 CSB 2.08.21	
ISSUE DATE: 01-12-04 REVISION DATE: 05-13-14 REVIEW DATE: 06-01-15	CLEARANCE: <p style="text-align: center;">CUSTODY</p>	
CHAPTER: Custody Operations	SUBJECT: Use of Special Restraints	

I. POLICY

- A. Special restraints shall be used only as prevention against self-injury, injury to others, property damage, or other occasions as may be approved by the Detention Division Captain, or designee, and the medical/mental health staff.
- B. The use of special restraints on known pregnant inmates, or inmates in recovery after delivery, shall adhere to the requirements of PC 3407 whereby leg irons, waist chains, or handcuffing behind the body shall not be used.
- C. Special restraints should be utilized only when it appears less restrictive alternatives would be ineffective in controlling the disordered behavior.
- D. Restraints will be applied for only the amount of time absolutely necessary, and shall never be applied as a punishment.
- E. This policy shall be considered separate from CSB Policy and Procedure 2.08.21, Use of Restraint Chair.

II. DEFINITION

- A. **SPECIAL RESTRAINT DEVICES-** Special restraint devices include, but are not limited to, any device that immobilizes an inmate's extremities and/or prevents the inmate from being ambulatory. Such devices as cloth or soft padded leather ties may be used to restrain an inmate.

III. PROCEDURE

- A. In the event the use of special restraints are necessary and the inmate is not transferred to a medical/mental health unit, the following procedure shall be followed:
 1. Physical restraints such as cloth or leather ties, etc., can only be used with the advance approval of the Shift Supervisor and under close supervision.
 - a. The Shift Supervisor will be notified prior to or immediately following

any application of special restraints.

- b. The Shift Supervisor will notify the Facility Commander as appropriate.
 - c. The Shift Supervisor shall notify the appropriate medical/mental health personnel.
 - d. Once special restraints have been applied, continual direct visual observation by staff shall be maintained prior to evaluation from the medical/mental health authority.
 - Once approval is granted by the Shift Supervisor and medical/mental staff, visual observation will be made approximately once every 15 minutes, no less than twice every thirty minutes.
 - An observation log shall be initiated and maintained whenever special restraints are used.
 - e. The medical/mental health staff shall assess the inmate's medical and mental health condition, and to advise whether, on the basis of serious danger to self or others, the inmate should be placed in a medical/mental health unit for emergency involuntary treatment with appropriate medical management.
 - Mental Health Staff shall ensure an assessment/consultation has taken place as soon as possible, but no more than eight hours from the time of placement.
 - f. All cases requiring physical force shall be in accordance with CCCSO Policies and Procedures 1.06.61, Use of Force.
 - g. The appropriate report, completely documenting the incident will be submitted.
- 2. Special restraining devices shall not be used as punishment or in a way that causes undue physical pain, or restricts the blood circulation or breathing of an inmate.
 - 3. Continued retention in special restraints shall be reviewed by the Shift Supervisor and health services staff at least once every two hours.
 - 4. Inmates placed in special restraints must be housed in single cells and must be monitored once approximately every 15 minutes, no less than twice every thirty minutes.
 - 5. Inmates in special restraints must be turned every two hours while awake, and given the opportunity to use toilet facilities when necessary, and appropriate.

B. SPECIAL RESTRAINTS WITH THE USE OF CHEMICAL AGENTS

1. A situation may arise where the use of chemical agents has been ineffective and special restraints must be used to control an inmate who has been exposed. Caution must be used in restraining the subject so that breathing difficulty is not caused.
2. The Shift Supervisor shall be notified prior to the application of special restraints to the exposed inmate. If prior notification is not possible, the Shift Supervisor will be notified following application of special restraints as described above, and all provisions of CCCSO Policies and Procedures 1.06.61, Use of Force, will be followed.
3. The medical staff will be notified, and respond to assess, and treat as necessary.
4. An inmate exposed to chemical agents shall not be placed in a prone position, and placed on his/her stomach. A subject who has been exposed to chemical agents may experience breathing difficulty. Refer to CSB Policy and Procedure 2.08.24, Prone Restraints, for additional information.